

**Programme: B.SC in Integrative Nutrition and Dietetics**

**List of subjects offered under NEP**

**Academic Year 2024-2025**

| <b>SEMESTER I</b>               |   |           |
|---------------------------------|---|-----------|
| 1                               | Basic Nutrition - Energy and Macronutrients | 4         |
| 2                               | Human Physiology - I                        | 2         |
| 3                               | International Sports Management - I         | 2         |
| 4                               | World Cultures - I                          | 2         |
| 5                               | Food Analysis                               | 2         |
| 6                               | Physiology                                  | 2         |
| 7                               | Functional English - I                      | 2         |
| 8                               | Environmental Studies                       | 2         |
| 9                               | Basics of Yoga - I                          | 2         |
| 10                              | Constitution of India & Human Rights        | 2         |
| <b>Total Credits Semester I</b> |   | <b>22</b> |

| <b>SEMESTER II</b>               |  |           |
|----------------------------------|--|-----------|
| 1                                | Food Science and Food Chemistry            | 4         |
| 2                                | Basic Nutrition - Micronutrients and Water | 2         |
| 3                                | Food Spoilage                              | 2         |
| 4                                | International Sports Management - II       | 2         |
| 5                                | World Cultures - II                        | 2         |
| 6                                | Meal Planning                              | 2         |
| 7                                | Food Science                               | 2         |
| 8                                | Functional English - II                    | 2         |
| 9                                | Personal Effectiveness at Workplace        | 2         |
| 10                               | Basics of Yoga - II                        | 2         |
| <b>Total Credits Semester II</b> |  | <b>22</b> |